

## **1) Promoting Value Consciousness through YOGA and Gandhian Philosophy**

The College has a mission to impart value based job- oriented and multi – skilled higher education to this remote area to make the students more self-reliant to serve the needs of the society, and thus to contribute to the national progress. While the curriculum is carefully designed to provide ample employability matching the demands of present day’s society with a wide range of high quality academic as well as professional development programs, an equal importance is given to kindle the value consciousness and awakening of the inner strength of personality through the time tested YOGA. The Yoga and Health Centre of the College focuses on this very aspect of providing value orientation and awakening of the inner strength of students with a brace to spiritual dimension/consciousness. A senior faculty member, trained in Yoga, has been appointed as Coordinator and a full time Yoga teacher is also appointed. A short term Certificate course on Yoga is conducted for Students as well as for those who are eligible, in batches of 30 participants between 4 PM and 5 PM for 15 days for each batch throughout the year. Besides providing the basic training in yogaasanas, suryanamaskaaraas, pranaayaama, physical fitness exercises and meditation the course also organises guest lectures from eminent personalities who would provide the value orientation. The centre has collaboration with Sri Ramakrishna Seva Samithi of Narasapur which is frequented by Spiritual Masters and in association with it the Centre conducts Joint discourses. Students also participate in Exchange programmes designed time to time by the joint activity charter. The College also has a UGC Sponsored Gandhian Studies Centre which promotes Gandhian Philosophy by offering a Certificate Course. Eminent personalities and followers of Gandhian thought visit this Centre to preach Gandhian Philosophy. The Yoga and Health Centre and the Gandhian Studies Centre together help developing value consciousness in the Students. It is observed that the Students are responding well and many have proved to be sensitive to the surroundings, always ready to help, and socially very conscious. Improvements in Student attendance and discipline have been the direct benefits to the College while the values impregnated in the students will be beneficial to the Society by and large. Sri Y N College Campus is known for its zero percent ragging and it is surely attributable to this best practice evolved out by the College keeping the mission of value based higher education.



# GANDHIAN STUDIES CENTRE, SPONSORED BY UGC, NEW DELHI ACTIVITIES FOR THE YEAR 2019-20



Secretary & Correspondent  
Dr. Chinamilli Satyanarayana Rao  
addressed the Students on the occasion of  
Gandhian Sudharshan Chakra on 1-10-2019



Ms. S.M. Maheswari, Vice Principal addressed the  
Students on the occasion of  
Gandhian Sudharshan Chakra on 1-10-2019



Former Endowment Minister Sri P. Manikyala Rao  
set off the Peace Rally  
organised by Gandhian Studies Centre  
on 19-8-2019.



Sri Prasad Thotakura, USA,  
Inaugurated three months  
Gandhiji's Philosophy Certificate  
Course on 8-1-2020.



Dr. Sk. Suleman, General Manager,  
ED CIL, New Delhi and Sri A. Krishna Reddy,  
APSSDC visited Gandhian Studies Centre  
on 24-10-2019



Gandhian Studies Centre organised  
a Peace Rally from Narsapur Municipal Open  
Air Theatre to Sri Y.N.College on 30-1-2020



Secretary & Correspondent Dr. C. S.Rao  
Presenting Mementos & Certificate to the  
winners of District wide Elocution Competitions  
on 27-09-2019



150th Gandhi Jayanthi Celebrations,  
District-wide Elocution and Drawing Competitions  
were conducted on 16th September, 2019



Sri Ponnappalli Sri Rama Rao, treasurer,  
Sri Poliseti Sri Raghu Rama Rao, Correspondent of  
GVR Institute is honouring Mahatma Gandhi with Garland  
on the Occasion of the 150th Gandhi Jayanthi on 2nd October, 2019.



Our Secretary & Correspondent Dr. C. S.Rao  
Addressing the gathering on 26-09-2019  
The First Day of the  
3 Day Training Programme on Gandhiji



Dr. Y. Raghu, Yogi Vemana University  
delivering Talk on  
30-09-2019



Dr. Ch. Srinivas, Director, HRD Centre delivered a  
guest lecture on "Gandhiji and Personality Development"  
at Viveka Eng. Medium School, Mogaltur on 6-2-2020.

## YOGA & MEDITATION



Yoga Trainer Sri M.Venkata Ratnam giving Training to the Students and Staff on Yogasanas at Yoga & Meditation Centre



International Yoga Day was celebrated in our college on 21-6-2019. The Management, Staff and Students were participated in the Yogasanas.