

# **Yoga & Meditation Centre**

**Sri Y N College(Autonomous)- Narsapur**

## **Yoga Training Classes held during 2019-20**

Yoga and Meditation Centre conducted Regular Yoga Training classes as a part of the curriculum for the UG & PG students. More than 900 students successfully completed Yoga Training under the centre.



**Students Performing Yoga Asanas during the Training.**